

## Pediatric Counseling and Therapy Providers

COUNSELOR	SERVICES PROVIDED	AGES	INSURANCE
<b>Jennifer Dye</b> MED, LPC 1044 East End Road Suite C (907)-235-1264	~CBT- Cognitive behavioral therapy ~Acceptance therapy ~Rational Emotive Behavioral Therapy	Works with all ages.	Does not bill insurance but provides information for patients to submit to insurance for reimbursement. Cannot bill Medicare or Medicaid
<b>Sea Sparrow Counseling</b> -Kimberly Glaspell LCSW -Irene Saxton MSW-1 195 Cityview #1 Homer, (907) 235-2102	~Gender-affirming care ~LGBTQIA support ~Grief, anxiety, depression ~Substance misuse ~Mood disorders ~Parenting support	Works with individuals, groups, and families for ages 12+	Most private insurances accepted, as well as VA Choice/TriCare. Kimberly Glaspell can bill MCD. Offers sliding-scale for self-pay clients
<b>South Peninsula Behavioral Health Services. "The Center"</b> 3948 Ben Walters Lane (907) 235-7701	~ Emergency services ~Psychiatric care ~Therapy	Works with all ages.	Most private insurances accepted, offers a sliding-scale for self-pay clients
<b>Transitional Counseling</b> -Lucy Mahan LPC 1225 Lake Shore Dr. Homer (907) 240-1465	~Emergency services ~ Psychiatric care	Works with Individuals 13 and older, couples, and families	Most private insurances accepted. Tricare, Preferred provider with BCBS Cannot bill Medicare or Medicaid <a href="https://www.mahancounseling.com/">https://www.mahancounseling.com/</a>
<b>Alaskan Wellness Adventures</b> -Jason Pretzel, MA, LPC 41495 Stellars Jay Dr. (907) 885-1985 jasonpretzel@hotmail.com	Offers counseling and retreats	Individuals 10 and older, Adolescents, adults, couples and families	Most private insurances accepted Preferred provider with BCBS and Aetna. No Medicaid or Medicare
<b>Ninilchik Tribal Clinic – Behavioral Health</b> 15765 Kingsley Road, Ninilchik, Alaska (907) 567-3370 (phone tree)	~Therapy (All Ages) ~Counseling & EMDR ~Substance Abuse Counseling	All ages accepted.	Most private insurances accepted Accepts Medicaid. Offers a sliding- scale for self-pay clients Does not accept Medicare, Tricare or VA.
<b>Bobbi Cleary, MSCP, LPC</b> 3691 Ben Walters Lane, Homer (907) 440-6405	~Substance Abuse ~ Trauma & PTSD ~ LGBTQ ~Grief	Ages 11+, Couples Therapy *Best described as eclectic and holistic*	Most private insurances accepted. BCBS, Triwest, VA, Tricare and NCPPO. Provides online counseling, no Medicaid or Medicare
<b>Cornerstone Counseling</b> (907) 522-7080 Has a team of providers with different specialties Based in Anchorage and only offering TeleHealth to clients on the Kenai Peninsula	~Christian faith- based counseling ~Faith-based approach is optional	Individuals 10 and older, couples and families	Can bill some private insurance Cannot bill Medicaid or Medicare
<b>Birchwood Behavioral Health</b> (907) 349-2222 Based in Anchorage and offers TH Offers a team of providers	~Faith-based, trauma-informed approach ~Psychotherapy, case management, medication management	~Adults and children age 4 and older ~Individuals, families, and couples	Accepts Medicaid, cash payment, and provides paperwork for clients to bill private insurance for reimbursement

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<b>Peninsula Community Health Services of Alaska</b> 907-262-3119 230 E Marydale Ave, Soldotna, AK and 805 Frontage Rd., Kenai <a href="http://www.pchsak.org/behavioral-health-center">www.pchsak.org/behavioral-health-center</a> Emergency crisis number 907- 714-5353	~Therapy ~ Medication management ~Telehealth option offered after in person evaluation	~Ages 6 and up (varies by provider)	Accepts Most insurances including private insurance, VA, Medicaid, and Medicare. Sliding scale based on income and income.
<b>Orion Behavioral health</b> 1600 Centerfield Dr Suit 205 Eagle River Phone 907-696-7466 Fax 907-726-0332	~medication, ~counseling ~psychotherapy ~Tele-medicine	Ages 3- 18yrs	Accepts AETNA, BCBS, Fed BC, MODA, Meritain, and Tricare. Accepts Medicaid for evaluations/medical management/therapy on a limited basis. Does not accept Medicare.
<b>Alaska Behavioral Therapy in Anc. Child and Family Clinic</b> Call (907) 561-0954 or 907-536-1000 4020 Folker Street Anchorage, AK 99508 Fax (907) 563-2045	~diagnostic psychiatric evaluations ~medication and symptom management ~coordination of care	all ages	Accept Medicaid/Medicare and most private insurances
<b>Morgan Dwyer</b> Homer Medical Center- Serene Waters Mental Health Services 4135 Hohe Street P: 907-235-7202	specializing in disruptive behaviors and trauma	Pediatrics up to 10 years old.	Can bill Medicaid and Atena working on getting approval for other insurances.
<b>Alaska Telepsychology Providers: Psychotherapy &amp; psychological Testing for youth and adults</b>			
<a href="http://www.aktelepsych.com/">(907) 885-6288, https://www.aktelepsych.com/</a>			
-Mary Palko, MS, LPC	Anxiety, grief, Depression ADHD, Autism	All ages Offers Therapy in sign languag	Preferred for BCBS and AETNA Now accepts Tricare Does not accept Medicaid or Medicare Offers Telehealth
Sue R Scott, MS LMFT	Trauma, Mood disorders, Relationships, Substance abuse Disabilities, EMDR, Cognitive-behavioral therapy Mindfulness training		
Cathy von Hippel PHD	Anxiety, Mood Disorders, Autism spectrum disorder	Youth and adults	
Sammy Mack, MS, LPA	Autism Spectrum Disorder, Cognitive behavioral therapy	Young Adults	
Aurora Sidney-Ando LPC	Cognitive behavioral therapy, solution focused therapy, expressive arts, trauma transition to adulthood.		Art therapy through video telehealth.